

FINDING SIGNIFICANCE

HERE AND NOW IN EVERYDAY MOMENTS

WITH NATE NASRALLA
AUTHOR OF "LIVING FORWARD, LOOKING
BACKWARD: UNCOVER MORE MEANING IN
YOUR ORDINARY, EVERYDAY LIFE"

How do you find a fulfilling, purposeful life? While you may think you need to relocate or pursue a different career, there's so much you can find right here, right now. How do you find meaning in your everyday life?

AUTHOR NATE NASRALLA SHARES HIS TOP TIPS:

- 1 SLOW DOWN AND YOU'LL SEE MORE IN LIFE.
- 2 THE BIGGER THE FAILURE, THE MORE LEARNING YOU GAIN.
- 3 ORDINARY PEOPLE BECOME OUR BIGGEST HEROES.
- 4 WE FIND TRUE REST WHILE WE'RE STILL AT WORK.
- 5 EXTRAORDINARY MOMENTS ARE FOUND IN EVERYDAY SETTINGS.
- 6 THE SIMPLEST GESTURES CARRY THE MOST SIGNIFICANT MEANING.
- 7 THE BIGGEST GOALS ARE ACHIEVED BY THE SMALLEST STEPS.
- 8 YOU ONLY EARN GRACE WHEN YOU STOP TRYING.
- 9 IT'S EASIEST TO HURT THOSE YOU LOVE MOST.
- 10 YOUR BIGGEST LIFE CHANGES DEVELOP THE FASTEST.
- 11 DISAPPOINTING BEGINNINGS CREATE HAPPY ENDINGS.
- 12 YOUR LIFE'S DEEPEST JOYS ARE FOUND OUTSIDE YOURSELF.
- 13 YOU ALWAYS LOSE SOMETHING IN THE PROCESS OF GAINING SOMETHING.
- 14 COMPLEX LIFE LESSONS COME IN SIMPLE PACKAGES.

RESOURCES

Nate's Book
Nate's Website
Nate's Twitter
Nate's Instagram